



Headteacher
Mr Matthew Walker

Dear Parents and Carers

You may be aware that, as a part of your child’s educational experience at Great Orton Primary School, we are required to provide Relationships and Health education, to prepare our pupils for the journey ahead of them. It is also recommended that schools teach age-appropriate Sex education, where appropriate. We are aware that these topics may be of a sensitive nature and aim to provide full transparency of our curriculum, to ensure that parents/carers are aware of the content covered.

We use the KAPOW PSHE scheme which encompasses all the statutory requirements as well as some age-appropriate non-statutory content, with the more sensitive content being taught in our Safety and my Changing Body topic. We have included an overview of each year group below, followed by some of the key vocabulary that we will be using. We continue to teach PSHE in the year groups seen below rather than in classes. EYFS children have PSHE separately as part of their continued provision.

The text in **red** shows the content from which children can be withdrawn, if requested by their parent/carer. Please note that although children can be withdrawn from some of the recommended content in our PSHE, the statutory requirements in Science require reproduction in a mammal to be taught in primary school.

Year 1 and 2	Appropriate Contact	To know that some types of physical contact are never appropriate. To understand the difference between secrets and surprises.
	My Private Parts are Private	To know the PANTS rule. To know the names of parts of my body including private parts.
Year 3 and 4	The changing adolescent body	Y4 only: to understand the physical changes to both male and female bodies as people grow from children to adults and to recognise that change is part of growing up Key Vocabulary: Breasts, Genitals, Puberty

Year 5 and 6	The changing adolescent body	<p>Y5: To understand the process of the menstrual cycle.</p> <p>Y5: To know the names of the external sexual parts of the body and the internal reproductive organs.</p> <p>Y5: To know that puberty happens at different ages for different people.</p> <p>Key Vocabulary Y5: menstruation/period, egg ova, ovaries, fallopian tube, uterus, womb, bleeding, lining, sanitary products, towels, tampons, reusable products (period pants, cups), voice breaking, erections, wet dreams, ejaculation, breasts, Cervix, Clitoris, Pubic hair, Scrotum, testicle, vagina, vulva, sperm</p> <p>Y6: To understand how a baby is conceived and develops.</p> <p>Key Vocabulary Y6: Breasts, Cervix, Clitoris, Conception, Egg or ova, Ejaculation, Erection, Fallopian tube, Fertilisation, Genitals, troling, Labia, Menstruation/period, Nipples Ovary/ovaries, Penis, Pregnant, Puberty, Pubic hair, Scrotum</p> <p>Lesson 5 – conception. <u>Year 6 children</u> learn about the biology of conception.</p> <p>Lesson 6 – pregnancy and birth. <u>Year 6 children</u> learn how a baby develops in the womb and is born.</p>
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If you have any further queries, please speak to myself or your child’s class teacher. You are more than welcome to see the resources that we will use to teach these topics.

If your child is in Year 6 and you wish to withdraw them from lessons 5 and 6, please inform your child’s class teacher.

Yours sincerely
R Cuzick
 Mrs R Cuzick
 PSHE Lead