

Got an itch? Tummy trouble? Tickly cough?



**Head to your
local pharmacy.**

Did you know?
Pharmacists across
the North East and
North Cumbria can
offer advice and FREE
treatment for a wide
range of common
conditions* – just like
having a prescription
from your GP!

**Please ask your
pharmacy team
for more details
and eligibility.**

UTI's non pregnant women 16-64 years

Shingles 18 years+

Impetigo 1 year+

Sore throat 5 years+

Sinusitis 12 years+

Infected insect bites 1 year+

Earache 1 to 17 years

Additional conditions can be treated, without the need to visit a GP.
Ask a member of your pharmacy team about the minor ailments scheme.

Step 1

**Go to your local community pharmacy (chemist)
about your illness and they will offer advice.**

Step 2

**If needed, you will be offered treatment and
if you qualify, this will be given free of charge.**

Step 3

A suitable medicine may be offered to you.*

*You qualify for free treatment if you do not pay for your prescriptions.



**Find further information at:
www.thinkpharmacyfirst.health**

