



Cumberland  
Council

# Cumbria's Holiday Activity and Food Programme

Carlisle Area



[cumberland.gov.uk](http://cumberland.gov.uk)

## Book sessions in your area now!

- Visit [cumberland.gov.uk/holidays](https://cumberland.gov.uk/holidays) to search the range of activities available.
- Bookings will work on a first-come-first served basis - and are subject to availability.
- Some activity providers offer transport.  
Visit [cumberland.gov.uk/holidays](https://cumberland.gov.uk/holidays) for full details.
- Dates are liable to change, please contact the activity provider for more information.

## Who is it for?

The Holiday Activity Programme is aimed at all statutory school-age children and young people (Reception-Year 11).

- Places are **FREE** for eligible children due to external funding.
- Funded places are for young people who receive benefits-related Free School Meals and other eligible children in particular circumstances.
- All children who attend will also be provided with a meal.
- Eligible children can access up to sixteen sessions this summer.
- Interested in any of the activities listed in this leaflet?  
Visit [Cumberland.gov.uk/holidays](https://Cumberland.gov.uk/holidays) to book holiday activities or use the booking information provided.
- For any enquiries or to check your eligibility status email:  
**HAF@Cumberland.gov.uk**
- If you are not eligible for a funded place many providers offer paid places - please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.



## Alfie's Project (Petteril Bank Community Centre, Carlisle)

**Description:** Indoor and outdoor fun activities, day trips, arts, and craft much more. Meals included.

**Age range:** 4 - 16

(SEN children only)

**Dates:** Wednesdays: 24 and 31 July, 7, 14, 21 and 28 August.

Fridays: 19 and 26 July, 2, 9, 16, 23 and 30 August.

**Times:** Wednesdays: 11.30am - 3.30pm and Fridays: 4.30pm - 6.30pm

**Booking information:** Call **07383 975588** or Email **carlislealfiesproject@gmail.com**

## BEE Unique SEN Activities (Petteril Bank Community Hall & Just Messin Soft Play)

**Description:** Activities include a fun teddy bear picnic, Mad Hatters Tea Party with Princesses and Pyjama party with games and Brad's Pet Encounter Experience. Lunch provided for booked attendees. Parents/ Carers required to stay. Beverages and biscuits provided for parents. You do not require an official diagnosis to attend.

Siblings welcome to book.

**Age range:** 4 - 18

**Dates:** 20, 31 July & 6 Aug at Petteril Bank & 21 Aug at Just Messin

**Times:** Times and venues vary, please visit the booking link below for more information or contact Bee Unique.

**Booking information:** Please visit <https://bookwhen.com/beeunique> or email **beeuniquecharity@gmail.com**

## Carlisle Mencap (The Grace Little Centre, Crindledyke Road, Carlisle)

**Description:** Twelve day offer exclusively for SEN children and young people including: trips to Mirehouse Gardens, Happy Hooves Riding Centre, Stocks Wood Outdoor Centre, Alpaca Visit, Allonby Beach and South Lakes Safari Zoo. We also have some fantastic activities planned at the Grace Little Centre.

Meals and transport included.

**Age range:** 8 - 18

(SEN children only)

**Dates:** 24, 25, 29, 31 July, 7, 8, 14, 15, 21, 22, 28 and 29 August

**Times:** 10am - 3pm (times vary for trips, please contact Carlisle Mencap)

**Booking information:** Call **01228 674393** or email **children@carlisle Mencap.co.uk**



### **Carlisle Villa Boxing Club (Annex to the rear of 71 Currock Road, Carlisle)**

**Description:** Non-Contact Boxing, team building, leadership, and healthy lifestyles. Meals included.

**Age range:** 6 - 16

**Dates:** 22 - 26 July and 29 July - 2 August

**Times:** 10am - 12pm

**Booking information:** Email [carlislevillaabc@hotmail.co.uk](mailto:carlislevillaabc@hotmail.co.uk)

### **Carlisle Youth Zone - Junior Offer (Victoria Place, Carlisle)**

**Description:** Carlisle Youth Zone offers a wide range of activities including, games and challenges, sport, music, arts, and crafts, baking and cooking, book club and gym. Meals included.

**Age range:** 8 - 12

**Dates:** 29 July - 1 August, 5 - 8, 12 - 15 and 19 - 22 August

**Times:** 8.30am - 3.30pm

**Booking information:**

Call **01228 516280** or email [info@carlisleyouthzone.org](mailto:info@carlisleyouthzone.org)

### **Carlisle Youth Zone - Senior Offer (Victoria Place, Carlisle)**

**Description:** We will be offering off site activities for young people to experience new adventures in an around the local area.

These trips will include outdoor activities such as walking, games and exploring new areas. For full programme of activities, please get in touch. Meals included.

**Age range:** 12 - 16

**Dates:** Wednesdays: 7, 14, 21 and 28 August. Fridays: 2, 9, 16 and 23 August

**Times:** Wednesdays: 10am - 3pm

Fridays: Times will vary depending on the trip but will generally be three hours.

**Booking information:**

Call **01228 516280** or email [info@carlisleyouthzone.org](mailto:info@carlisleyouthzone.org)

### **Cumbria Development Education Centre (Denton Holme Community Centre, Carlisle)**

**Description:** A range of arts and nature-based activities to build connections, skills and agency for young people who are refugees and people seeking asylum. Meals included.

**Age range:** 16 - 18

**Dates:** Mondays: 22, 29 July, 5, 12, 19 August. Thursdays: 1, 8, 15, 22 August. Friday: 26 July

**Times:** 10am - 4pm

**Booking information:** Call **01539 431602** or email [office@cdec.org.uk](mailto:office@cdec.org.uk)



### **Currock Community Centre (Lediard Avenue, Carlisle)**

**Description:** Fun days of sports, gardening, cooking, crafts, and games with the GLL Community Development Team with additional activities delivered with by a range of partners, including Tullie House, Zoobidoo, Holme Head House, Action Ants & the Science Booth. Hot Homemade Meals & snack included.

**Age range:** 5 - 11

**Dates:** 24, 25, 31 July, 1, 7 and 8 August

**Times:** 9am - 3pm

**Booking information:**

Call **01228 591868** or email **info@currockcc.co.uk**

### **Funcation - Carlisle Matters (Brampton Community Centre, Union Lane, Brampton)**

**Description:** Arts and crafts, music and dance, sport, and team games, together with a hot lunch. Trips to local parks, and an exciting 'last day' trip.

**Age range:** 5 - 11

**Dates:** 29 - 31 July

**Times:** 11am - 3pm

**Booking information:** Visit <https://carlismatters.co.uk/events/>

### **Funcation - Carlisle Matters (Denton Holme Community Centre, Morley Street, Carlisle)**

**Description:** Arts and crafts, music and dance, sport, and team games, together with a hot lunch. Trips to local parks, and an exciting 'last day' trip.

**Age range:** 5 - 11

**Dates:** 22 - 24 July

**Times:** 11am - 3pm

**Booking information:**

Visit <https://carlismatters.co.uk/events/>

### **Funcation - Carlisle Matters (Harraby Community Centre, Edgehill Road, Carlisle)**

**Description:** Arts and crafts, music and dance, sport, and team games, together with a hot lunch. Trips to local parks, and an exciting 'last day' trip.

**Age range:** 5 - 11

**Dates:** 5 - 7 August

**Times:** 11am - 3pm

**Booking information:** Visit <https://carlismatters.co.uk/events/>



### **GLL The Sands Centre (Newmarket Road, Carlisle)**

**Description:** A fun water-based camp for children aged 8 plus who love to swim and try new sports. Meals included.

**Age range:** 8 - 16

**Dates:** 23 - 26 July, 30 July - 1 August, 6 - 8 August, 13 - 15 August and 20 - 22 August

**Times:** 9am - 3pm

**Booking information:** Email [chloe.nixon@gll.org](mailto:chloe.nixon@gll.org)

### **GLL Trinity Leisure Centre (Strand Road, Carlisle)**

**Description:** Fun filled day of multi-sports, arts and crafts, games and swimming. Meals included.

**Age range:** 5 - 11

**Dates:** 22 - 25 July, 29 July - 1 August, 5 - 8 and 12 - 15 August

**Times:** 9am - 3pm

**Booking information:**  
Email [Michael.barnes@GLL.org](mailto:Michael.barnes@GLL.org)

### **Independent Adventures (Talkin Tarn Country Park, Tarn Road, Brampton)**

**Description:** Fully supervised Adventure Holiday Clubs for 9-14 year-olds. Meals included. Transport options available.

**Age range:** 9 - 14

**Dates:** 26, 29, 31 July, 6, 8, 9, 14, 15, 16, 21, 22, 26, 27, 28, 29 and 30 August

**Times:** 10am - 3pm

**Booking information:** Visit [www.independentadventure.co.uk/clubs](http://www.independentadventure.co.uk/clubs) or call 01228 420123

### **Inglewood Infant School (School Road, Carlisle)**

**Description:** This summer's theme is 'Ins and Outs' and we will provide a range of age-appropriate, creative, scientific, and playful learning activities both on and off-site. Meals included.

**Age range:** 5 - 7 (plus siblings aged 8 - 11)

**Dates:** 7, 8, 28 and 29 August

**Times:** 9:15am - 3pm

**Booking information:** Email [parent@inglewood-inf.cumbria.sch.uk](mailto:parent@inglewood-inf.cumbria.sch.uk)

### **Longtown Community Centre (Arthuret Road, Longtown)**

**Description:** A fun, educational summer activity club. Meals included.

**Age range:** 5 - 11

**Dates:** 26 July, 2, 9, 16, 23 and 30 August

**Times:** 10am - 3pm

**Booking information:** Call 01228 791876, email [steph.graham@longtowncc.co.uk](mailto:steph.graham@longtowncc.co.uk) or come to the centre to complete a booking form.



### **Morton Manor Community Centre (Wigton Road, Carlisle)**

**Description:** We offer something educational and fun, for all children, including sports, games, arts, and craft activities. Hot meals included.

**Age range:** 5 - 11

**Dates:** 23, 26 and 30 July, 1, 6, 8, 13, 15, 20, 22, 27 and 29 August

**Times:** 9.30am - 3.30pm

**Booking information:** Please come to the centre to complete a booking form or call **01228 531105** for more information.

### **NP Inclusive Sports (Carlisle Campus Sports, Edgehill Road, Carlisle)**

**Description:** Wheelchair based sports like basketball and bocca, and party games for all. Meals included. This is open to all children both able bodied and with additional mobility needs.

**Age range:** 5 - 10

**Dates:** 22 - 25 July

**Times:** 10am - 2pm

**Booking information:** Email **Npinclusivesport@gmail.com** or message us on Facebook

### **Oak Tree Animals' Charity (Oak Tree Farm, Wetheral Shields, Carlisle)**

**Description:** Caring for animals - a chance to learn about how animal shelters care for their animals and how you can help care for animals too!

Meals included.

**Age range:** 5 - 10

**Dates:** 22, 23, 30 and 31 August

**Times:** 10am - 2pm

**Booking information:** Call **01228 560082** or email **info@oaktreeanimals.org.uk**

### **Pyjama Drama North Cumbria (Holme Head House Community Atelier, Denton Holme, Carlisle)**

**Description:** Immersive sessions of high-energy games, dynamic drama techniques, a delicious lunch, and engaging craft activities, fostering friendships and confidence building for a memorable experience filled with laughter and joy.

**Age range:** 5 - 8

**Dates:** 22, 23, 25, 29, 30 July, 1, 5, 6, 8 August and 2 September

**Times:** 10am - 2pm

**Booking information:** Visit: <https://www.ticketsource.co.uk/pyjama-drama-cumbria/e-debkjl>



### **Rocket Theatre Group (Former Officers Mess, The Castle, Carlisle)**

**Description:** Sing, dance, act, play and have fun with friends. Meals included.

**Age range:** 5 - 16

**Dates:** 22 - 26 July and 29 July - 2 August

**Times:** 10am - 2pm

**Booking information:** To request a booking form please email [info@rockettheatregroup.co.uk](mailto:info@rockettheatregroup.co.uk)

### **RRCA / Manchester United Foundation (Richard Rose Central Academy, Lismore Place, Carlisle)**

**Description:** A fun filled three-day summer holiday activity programme. Meals included. Exclusively for RRCA students and Manchester United Foundation Partner Primary schools.

**Age range:** 9 - 16

**Dates:** 29 - 31 July

**Times:** 10am - 2pm

**Booking information:** RRCA bookings email

[Jessica.Nelson@rrca.org.uk](mailto:Jessica.Nelson@rrca.org.uk)

Partner Primary bookings email

[Adam.Whitfield@mufoundation.org](mailto:Adam.Whitfield@mufoundation.org)

### **St Barnabas and St Luke's Churches with The Lookout Community Hub**

**Description:** Fun days, inflatables, sports, games, entertainers, discos, trips away - lots of fun, food, and games!

**Age range:** 4 - 16

**Dates:** St Barnabas Church: 23, 29 July, 12 and 26 August

St Lukes Church: 31 July, 14, 20 and 28 August

**Trips:** 26 July: Walby Farm

2 August: Gulliver's World

6 August: Dalscone Farm

7 August: Beamish

16 August: Funshack,

22 August: Blackpool

2 September: Fusion trampoline park.

**Times:** Church based sessions will run 11am - 2pm, for trip times please get in touch.

**Booking information:**

Message us through Facebook at The Lookout Community Hub or message **07436 005238**.

### **Stone Eden Nursery School (Holme Lane, Carlisle)**

**Description:** A range of on and off-site activities including trips to the park, sports, games and making your own meals.

**Age range:** 5 - 11

**Dates:** 22 July - 18 August

**Times:** 10am - 3.30pm

**Booking information:** Call **01228 599400** or email [info@stoneeden.co.uk](mailto:info@stoneeden.co.uk)



**Susan's Farm  
(145 Houghton Road, Carlisle)**

**Description:** Farm and woodland based outdoor activities on a working farm. Meals included.

**Age range:** 4 - 11

**Dates:** 20, 22 and 23 August

**Times:** 10am - 3pm

**Booking information:** Email [helen@susansfarm.co.uk](mailto:helen@susansfarm.co.uk)

**The Sands Centre Theatre School  
(Newmarket Road, Carlisle)**

**Description:** Summer Theatre School including singing, acting, dancing and food. There will be a performance on Sunday with two complimentary tickets for family members to attend.

**Age range:** 8 - 18

**Dates:** 27 Aug - 1 September

**Times:** 9am - 5pm. Sunday performance will start at 6pm

**Booking information:** Visit [betterboxoffice.co.uk/the-sands-centre/haf/summer-school](http://betterboxoffice.co.uk/the-sands-centre/haf/summer-school)

**Watchtree Nature Reserve  
(Nr Wiggonby, Wigton)**

**Description:** Forest School/ Nature-based Kids' Clubs. Meals included.

**Age range:** 5 - 12

**Dates:** 24, 26, 31 July, 2, 7, 14, 16, 21, 23, 28, 30 August and 3 September

**Times:** 10am - 4pm

**Booking information:** Email [learning@watchtree.co.uk](mailto:learning@watchtree.co.uk)

**Yewdale Community Centre  
(Hutton Way, Carlisle)**

**Description:** Trampoline themed holiday camp - indoor and outdoor games, activities, and crafts. Meals included.

**Age range:** 5 - 16

**Dates:** 24, 25, 31 July and 1, 21, 22 August

**Times:** 10am - 3pm

**Booking information:** Email [ruth.crane@yewdalecc.co.uk](mailto:ruth.crane@yewdalecc.co.uk) or visit the centre

[cumberland.gov.uk](http://cumberland.gov.uk)